# ON THE POLYPEPTIDE COMPOSITION OF AN ABNORMAL HIGH DENSITY LIPOPROTEIN (LP-E) OCCURRING IN LCAT\*-DEFICIENT PLASMA

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Received 16 May 1974

#### 1. Introduction

The enzyme lecithin-cholesterol-acyl transferase (EC 2.3.1.43) is responsible for the transfer of a fatty acid from the  $\beta$ -position of lecithin to cholesterol, and is probably the main source of esterified cholesterol in human plasma [1]. Primary definciency of the LCAT-enzyme is a rare hereditary disorder [2-5] accompanied by drastic changes in the composition and structure of serum lipoproteins.

Qualitative and quantitative disturbances of the lipoprotein patterns in patients with familial LCAT-deficiency include the presence of the abnormal cholestatic lipoprotein X in the LDL fraction, VLDL particles with  $\beta$ -mobility. Low concentrations of apoproteins A and B, and two abnormal high density lipoproteins [5-11].

Similar changes in the properties of plasma lipoproteins may occur in liver disease [5], which is known to be frequently accompanied by reduced LCAT-activity [12-14].

In the present study we have isolated a morphologically identical abnormal HDL (LP-E) from the plasma

\* Abbreviations: LCAT = Lecithin-cholesterol-acyl transferase; VLDL = Very low density lipoproteins; LDL = Low density lipoproteins; HDL = High density lipoproteins PAGE = Polycrylamide gel electrophoresis. of patients with familial LCAT-deficiency and from those with secondary LCAT-deficiency due to liver disease. The lipoprotein isolated from both groups has a characteristic polypeptide composition. It can be detected by immunoelectrophoresis using a specific antiserum against apoprotein E, a normal polypeptide component from VLDL [15].

#### 2. Material and methods

Lipoprotein fractions were isolated from the plasma of ten normolipaemic blood donors, from four patients with obstructive liver disease, and from two patients with familial LCAT-deficiency (G.M. and P.M.) [5]. All four patients with liver disease were LP-X positive and had low activities of plasma lecithin-cholesterolacyl transferase (table 1). Sequential ultracentrifugation was performed in a Beckman L2-65 ultracentrifuge in rotors of type 40.2 or 60 Ti according to the method of Havel et al. [16] with minor modifications. In all initial centrifugation steps plasma or fractions were layered under an equal volume of the appropriate density solution. Fractions VLDL and HDL2 were recentrifuged at least once at solvent densities 1.006 g/ml and 1.125 g/ml respectively. Lipoprotein fractions were extensively dialysed against 0.9% NaCl, 0.05% EDTA, pH 7.0 at +4°C.

The isolation of apoprotein E and preparation of

Table 1

LCAT-activity, plasma cholesterol and occurrence of abnormal lipoproteins in the patients with familial LCAT-deficiency and the patients with obstructive jaundice studied

Patient	LCAT-activity mU/ml	Total cholesterol mg/100 ml	Cholesterol unesterified %	LP-X	LP-E
G.M.a	0.065	130	83	+	+
P.M. <sup>a</sup>	0.13	64	67	+	+
K.K.b	0.33	500	54	+	+
H.T.b	0.02	320	66	+	+
H.H.b	0.16	430	98	+	+
A.M. <sup>b</sup>	0.38	167	62	+	+
Controls	0.76 ± 0.13	186 ± 18	37 ± 2.3	-	_

<sup>&</sup>lt;sup>a</sup> Patients with familial LCAT-deficiency.

the antisera is described elsewhere [15]. Immunoelectrophoresis was performed in a micromodification according to Scheidegger [17]. Polyacrylamide gel electrophoresis in the presence of SDS was carried out as described by Weber and Osborn [18]. The samples were treated with 1% SDS and 5% 2-mercaptoethanol at 90°C for 3 min prior to electrophoresis. Cholesterol was determined according to Watson [19]. LCAT-activity was assayed by a slight modification of the method of Kattermann and Wolfrum [20]. LP-X was determined according to Seidel et al. [21]. Electron microscopy of lipoprotein fractions was

performed by negative staining with potassium phosphotungstate in a Philips EM-300 at 80 KV using initial magnifications of 40 000 and 120 000.

## 2. Results and discussion

All  $HDL_2$ -fractions isolated from the plasma of four individuals with liver disease and concomitant secondary LCAT-deficiency were found anomalous in size and shape, as was reported previously for an alpha<sub>1</sub>-lipoprotein subfraction from patients with familial

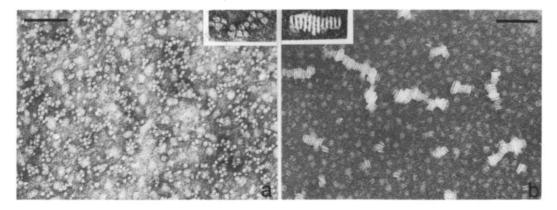


Fig. 1. Electron micrographs of alpha<sub>1</sub>-lipoproteins of the  $HDL_2$ -fractions from a normal blood donor (A) and from a patient with LCAT-deficiency (K.K.) due to liver disease (B). Magnification  $\times$  112 000. Bar indicates 1000 Å. Insert  $\times$  200 000.

b Patients with obstructive jaundice.

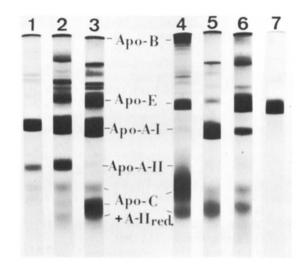


Fig. 2. SDS-PAGE of lipoprotein fractions. 10% monomer concentration. Samples on gels 1 and 2 are run without prior reduction by  $\beta$ -mercaptoethanol to demonstrate the presence of Apo-A-II. (1) HDL<sub>2</sub> from a normal blood donor; (2) and (3) HDL<sub>2</sub> from a patient with familial LCAT-deficiency; (4) VLDL; (5) HDL<sub>2</sub> from a normal blood donor; (6) HDL<sub>2</sub> from a patient with liver disease; (7) Apo E isolated from VLDL.

LCAT-deficiency [5,7,9]. No morphological differences could be detected by electron microscopy between abnormal HDL from the patients with liver disease and those with familial LCAT-deficiency.

The particles were disc-like in appearence with mean diameters of about 180Å and a thickness of 30Å. They tended to aggregate into long coin-like stacks (fig. 1).

All HDL<sub>2</sub>-fractions were homogenous upon electron microscopy. They did not contain any normally migrating or small molecular weight alpha<sub>1</sub>-lipoproteins [5,6] in disc-electrophoresis.

Gel electrophoresis of the abnormal HDL in the presence of SDS revealed an unusual polypeptide composition (fig. 2). In addition to Apo-A-I, Apo-A-II and the Apo-C polypeptides detected in normal HDL<sub>2</sub> by this technique, the abnormal HDL<sub>2</sub> contained a major component with an apparent molecular weight of about 40 000 [15]. This polypeptide was the main constituent of all four abnormal fractions from patients with liver disease, as judged from the gel electrophoretic pattern (fig. 2).

The HDL<sub>2</sub>-subfraction from ten normal controls contained a faint band in the corresponding position in some cases, which by scanning accounted for less than 1% of the total protein mass.

However, a polypeptide component with the same apparent molecular weight in SDS-PAGE was consistently found as a third major component in normal VLDL, in addition to the well-documented Apo B and Apo C proteins in this fraction (fig. 2). We have isolated this polypeptide [15] and refer to it as apoprotein E, in accordance with the nomencalture proposed by Alaupovic [22].

An antiserum against Apo E stimulated in rabbits showed one precipitation arc in immunoelectrophoresis with some normal human sera in a position corresponding to the pre- $\beta$ -lipoproteins (VLDL). In all six pathological sera studied an additional precipitation line was formed in the position between normal pre- $\beta$ - and alpha<sub>1</sub>-lipoproteins (fig. 3). The antigenic material corresponding to this line was found exclusively in the abnormal HDL<sub>2</sub> fraction from the patients with LCAT-deficiency.

Apparently Apo E from VLDL and the 40 000 dalton polypeptide from abnormal HDL are identical both in size and immunologically. Moreover they show identical bands in analytical isoelectric focusing [23].

In preliminary studies none of the twenty sera from healthy blood donors gave a reaction corresponding to the abnormal HDL, wheras among 20 sera from patients with different forms of liver disease eleven positive reactors were found.

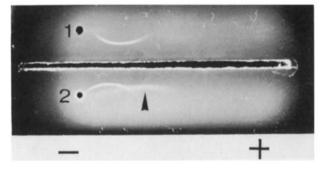


Fig. 3. Immunoelectrophoresis of sera from a normal blood donor (1) and a patient with LCAT-deficiency (2). Trough contains anti-Apo-E, mixed with anti-LP-B to mark the position of LP-E (arrow).

Thus this abnormal HDL-component can be detected by immunoelectrophoresis using a specific antiserum against apoprotein E, a normal polypeptide component from VLDL. We propose the name LP-E for this abnormal component.

The findings presented here suggest that Apo E is involved in the LCAT-reaction. It is accumulated in the HDL<sub>2</sub> when LCAT is deficient. It may be speculated that Apo E normally exchanges between HDL<sub>2</sub> and VLDL. Such a mechanism could explain recent findings by Marcel and Vezina [24] on the activation of LCAT by addition of triglyceride-rich lipoproteins to plasma.

## Acknowledgements

This work was supported by a grant from Deutsche Forschungsgemeinschaft.

The excellent technical assistence from Miss A. Knauf is gratefully acknowledged.

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